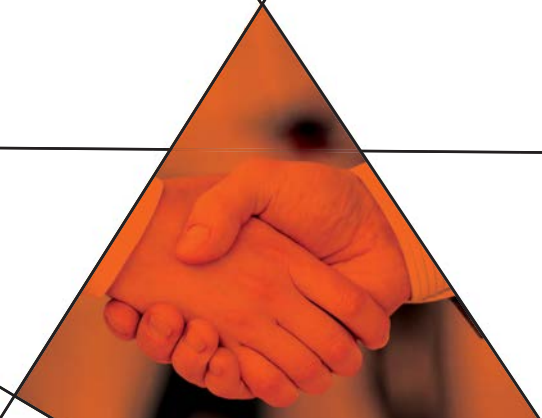


LIFESKILLS IN ACTION



SOFT
SKILLS+

Adaptability

EMILY ANDERSON

Everything **changes**.

Nothing stays the same.

That's a rule of life.

Change can be good.

Life improves.

That makes us happy.

Here is an example.

Winter can be harsh.

Temperatures drop.

The sky turns gray.

But then winter fades.

The weather warms up.



Sometimes things get worse.

That may make us frustrated.

Here is an example.

A new virus spreads.

Many people get sick.

Schools close.

Jobs are lost.

No one knows when it will end.



Change can be hard.

People must learn to **adapt**.

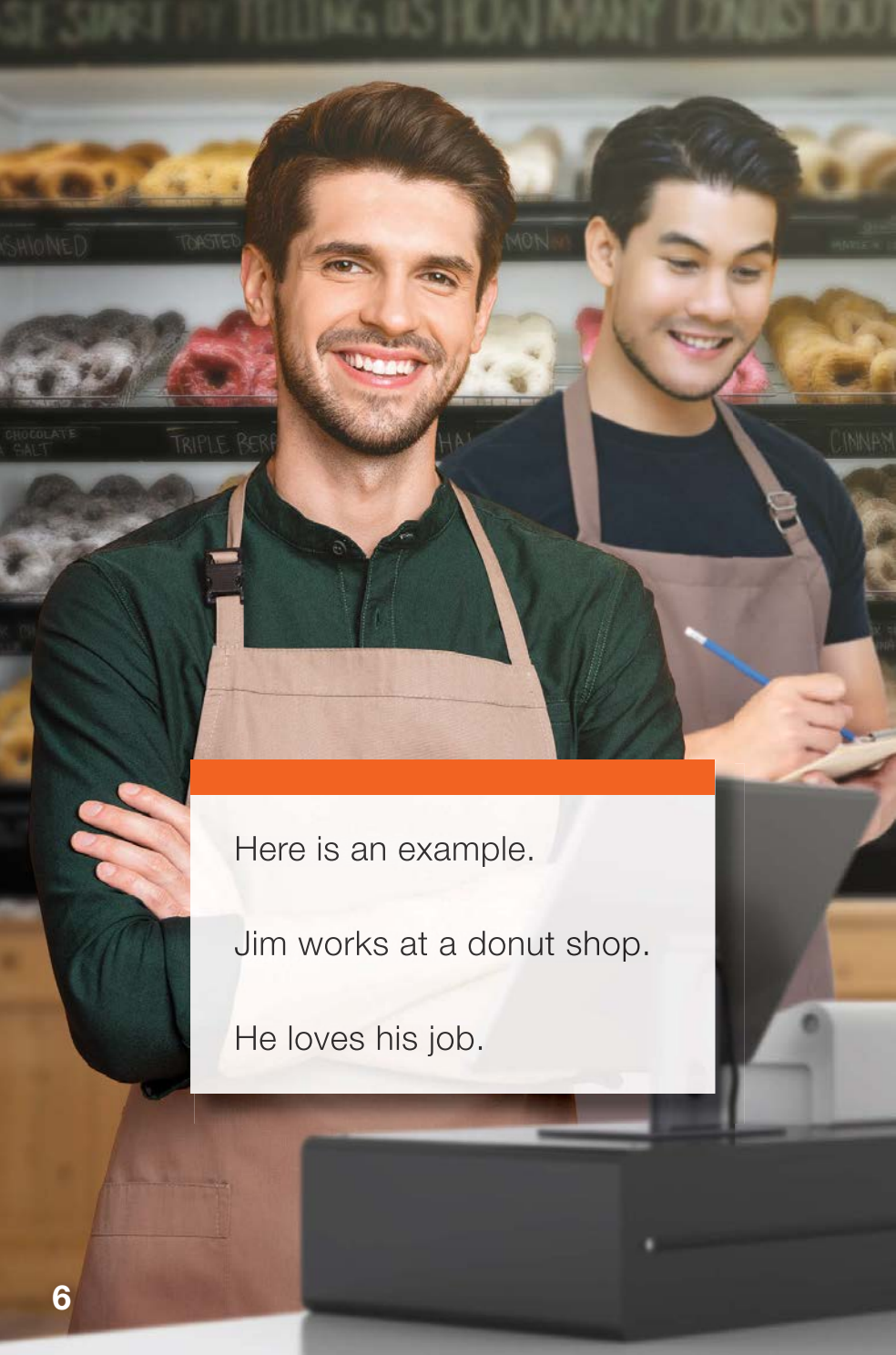
This means getting used to what's new.

Handling change well is a skill.

Not adapting can cause problems.

Others move on.

Opportunities are missed.



Here is an example.

Jim works at a donut shop.

He loves his job.

The customers are great.

Jim knows them all.

Many buy donuts every morning.

He chats with them.

They joke around.

It's fun.

Then things change.

Jim gets a new boss.

His name is Nick.

He wants to do things **differently**.



“Look at this line,” Nick says.

“It’s too long.

People hate waiting.

Work faster.

Quit chatting.

That wastes time.”

Jim shakes his head.

“I disagree.

People don’t mind waiting.

They like joking around.”

Jim is worried.

He likes being friendly.

The customers seem happy too.

What if his job **stops being fun?**

“Look,” Nick says.

He opens his laptop.

“Here’s a new report.

It says fast service is key.

That’s what people want.”



A customer comes in.

She's Jim's friend.

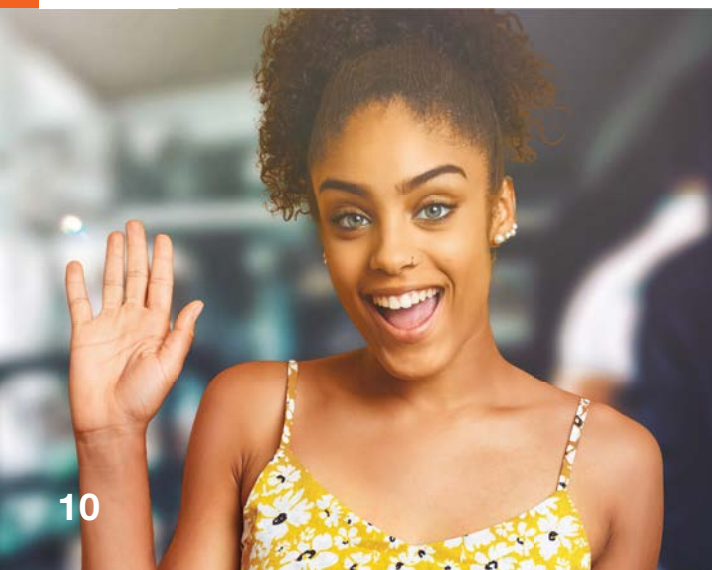
"Hi, Ann!" he says.

"What's up?"

Ann smiles.

She tells Jim a long story.

He keeps asking her questions.



Nick watches them chat.

Minutes tick by.

Other customers wait.

Later, Nick talks to Jim.

“I’m taking you off counter duty.

Go work in the back.

Frying the donuts will be your **new role.**”

