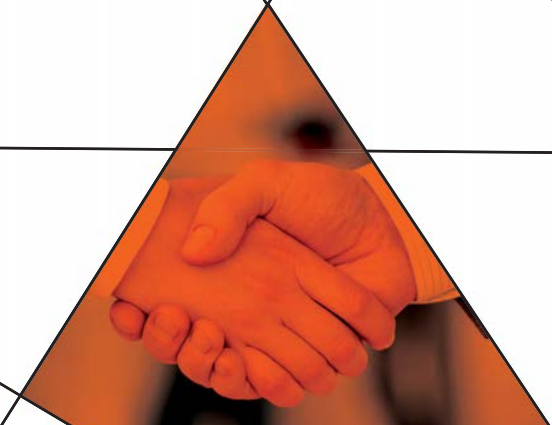


LIFESKILLS IN ACTION



SOFT
SKILLS+

Adaptability

EMILY ANDERSON

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SOFT SKILLS

Adaptability

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ANDERSON

LIFESKILLS IN ACTION

SOFT SKILLS

MONEY SKILLS

Living on a Budget | Road Trip
Opening a Bank Account | The Guitar
Managing Credit | High Cost
Using Coupons | Get the Deal
Planning to Save | Something Big

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Doing Household Chores | Keep It Clean
Finding a Place to Live | A Place of Our Own
Moving In | Pack Up
Cooking Your Own Meals | Dinner Is Served

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Finding a Job | Dream Jobs
Job Interview Basics | Job Ready
How to Act Right on the Job | Choices
Employee Rights | Not So Sweet

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Work Ethic | Summer Job
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Adaptability | Understudy



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ISBN: 978-1-68021-940-1
eBook: 978-1-64598-355-2

Printed in Malaysia

25 24 23 22 21 1 2 3 4 5



Everything **changes**.

Nothing stays the same.

That's a rule of life.

Change can be good.

Life improves.

That makes us happy.

Here is an example.

Winter can be harsh.

Temperatures drop.

The sky turns gray.

But then winter fades.

The weather warms up.



Sometimes things get worse.

That may make us frustrated.

Here is an example.

A new virus spreads.

Many people get sick.

Schools close.

Jobs are lost.

No one knows when it will end.



Change can be hard.

People must learn to **adapt**.

This means getting used to what's new.

Handling change well is a skill.

Not adapting can cause problems.

Others move on.

Opportunities are missed.



Here is an example.

Jim works at a donut shop.

He loves his job.

The customers are great.

Jim knows them all.

Many buy donuts every morning.

He chats with them.

They joke around.

It's fun.

Then things change.

Jim gets a new boss.

His name is Nick.

He wants to do things **differently**.



“Look at this line,” Nick says.

“It’s too long.

People hate waiting.

Work faster.

Quit chatting.

That wastes time.”

Jim shakes his head.

“I disagree.

People don’t mind waiting.

They like joking around.”

Jim is worried.

He likes being friendly.

The customers seem happy too.

What if his job **stops being fun?**

“Look,” Nick says.

He opens his laptop.

“Here’s a new report.

It says fast service is key.

That’s what people want.”



A customer comes in.

She's Jim's friend.

"Hi, Ann!" he says.

"What's up?"

Ann smiles.

She tells Jim a long story.

He keeps asking her questions.

