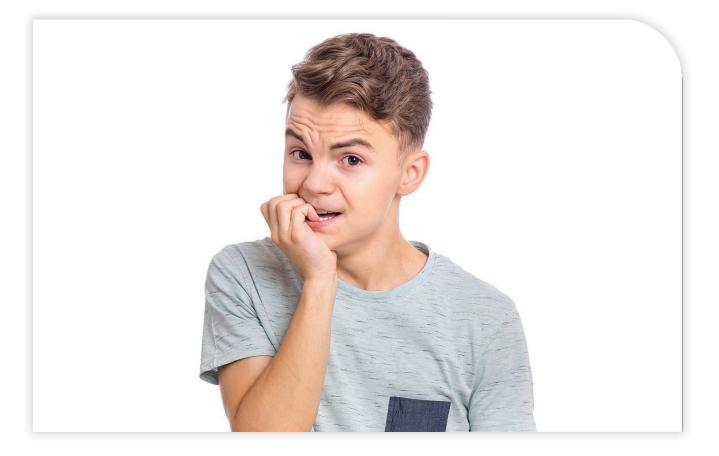
Health and Wellness

anxiety

worry or fear about what might happen





archaeology

the study of items left behind by ancient people—such as bones, tools, and pottery—to learn about past human life





art journal

a book in which people can record images, color, patterns, and other artwork



asteroid

a small rocky object that travels around the sun



astronomer

a person who studies the stars, planets, and space



atmosphere

the air surrounding Earth



Arts

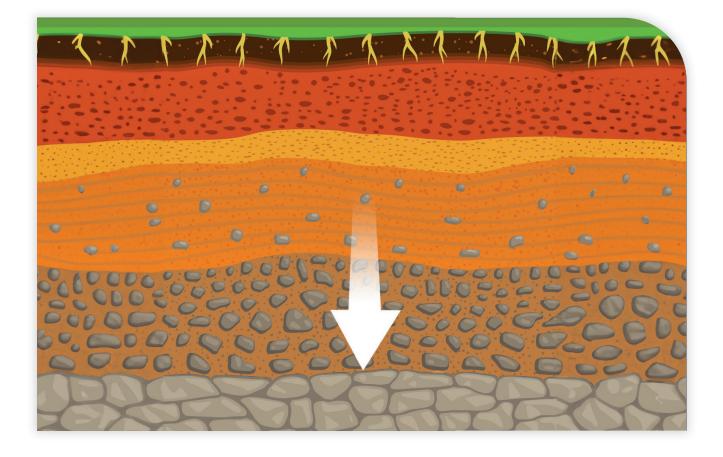
ballet

a dance using precise and graceful movements to tell a story



bedrock

a layer of solid rock that lies under the surface of the ground



black hole

an area in space where the force of gravity sucks everything in



Health and Wellness

blue light

high-energy light that boosts brain activity; emitted from digital and electronic devices

